



Join Debra's Run to 40 and be part of a team with Emma Fogarty and Colin Farrell to support everyone impacted by EB in Ireland.

There are approximately 1,000 people in Ireland affected by Epidermolysis Bullosa (EB), an extremely painful and incurable skin condition. Of these, 300 live every day with skin that blisters and tears at the slightest touch, like a butterfly's wing.

You too can join **Run to 40** by walking, running, or rolling 40 kilometres in your own time, in your own way.

Over the coming months, individuals, companies, colleges, schools, and sports clubs across Ireland will sign up for **Run to 40**.

Register today and fundraise so that everyone with skin as fragile as a butterfly's wing can access life-changing services and supports now.

For more information or to register today, visit debra.ie/runto40/ or scan the QR code.



debra.ie

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